

**ALLERGEN INFORMATION**

**A LA CARTE MENU**

|                 |                      | Gluten               | Crustaceans    | Eggs         | Fish             | Peanuts | Soya beans | Milk                      | Nuts                 | Celery         | Mustard               | Sesame  | Sulphites              | Lupin   | Molluscs    |
|-----------------|----------------------|----------------------|----------------|--------------|------------------|---------|------------|---------------------------|----------------------|----------------|-----------------------|---------|------------------------|---------|-------------|
| <b>Snacks</b>   | Candied walnuts      |                      |                |              |                  |         |            |                           | walnuts              |                |                       |         |                        |         |             |
|                 | Smoked almonds       |                      |                |              |                  |         |            |                           | almonds              |                |                       |         | almonds                |         |             |
|                 | Chicken croquette    |                      |                | croquettes   | cooking oil      |         |            |                           | pistachio            |                | croquettes            |         | croquettes,sauce       |         |             |
|                 | Olives               |                      |                |              |                  |         |            |                           |                      |                |                       |         | dressing               |         |             |
|                 | Smoked cod roe       |                      | prawn, cracker |              | cod, cooking oil |         |            |                           |                      |                |                       |         |                        |         |             |
|                 | Bread + butter       | WHEAT, bread         |                |              |                  |         |            | butter                    |                      |                |                       |         | onions                 |         |             |
|                 |                      |                      |                |              |                  |         |            |                           |                      |                |                       |         |                        |         |             |
|                 |                      | Gluten               | Crustaceans    | Eggs         | Fish             | Peanuts | Soya beans | Milk                      | Nuts                 | Celery         | Mustard               | Sesame  | Sulphites              | Lupin   | Molluscs    |
| <b>Starters</b> | Radicchio salad      |                      |                |              |                  |         |            | burrata                   | pistachio            |                | dressing              |         | dressing               |         |             |
|                 | Smoked trout         | WHEAT, crispy tuille |                | tuille       | trout            |         |            | horseradish sauce, tuille |                      |                | trout                 |         | tuille, pickles        |         |             |
|                 | Ox tail              | WHEAT,beignet        |                | beignet      |                  |         |            | puree,beignet             |                      | ox tail        |                       |         | puree, ox tail         |         |             |
|                 | Langoustine          |                      | langoustine    | roulade      |                  |         |            | roulade                   |                      | gazpacho       |                       |         | gazpacho               |         |             |
|                 | Duck parfait         | WHEAT, shortcake     |                | parfait      |                  |         |            | parfait                   | almonds              |                |                       |         | parfait, jam           |         |             |
|                 | Pate                 | WHEAT,sourdough      |                |              |                  |         | pate       |                           |                      | pate           |                       |         | pate,onions            |         |             |
|                 | Risotto              |                      |                | cheese       |                  |         |            | risotto, feta             |                      | risotto        |                       |         | risotto                |         |             |
|                 |                      | Gluten               | Crustaceans    | Eggs         | Fish             | Peanuts | Soya beans | Milk                      | Nuts                 | Celery         | Mustard               | Sesame  | Sulphites              | Lupin   | Molluscs    |
| <b>Mains</b>    | Market fish          | WHEAT, various       | various        | various      | various          | various | various    | various                   | various              | various        | various               | various | various                | various | various     |
|                 | Beef filet           | WHEAT, pastry roll   |                | pastry roll  |                  |         |            | pastry roll, puree        |                      | jus            |                       |         | jus,pastry roll        |         |             |
|                 | Chicken kiev         |                      |                | kiev,sauce   |                  |         |            | sauce                     |                      |                | sauce                 |         | sauce, croquette.aioli |         |             |
|                 | Pork chop            |                      |                | croquette    | cooking oil      |         | aioli      | croquette, pork           |                      | jus            |                       |         | jus,pastry roll        |         |             |
|                 | Cod                  |                      |                |              | cod              |         |            | cod, chowder              |                      | chowder        |                       |         | chowder                |         | razor clams |
|                 | Halibut              |                      |                |              | halibut          |         |            | mousse, fondant           |                      |                |                       |         | sauce, mousse          |         |             |
|                 | Cauliflower fritters |                      |                |              |                  |         |            |                           |                      |                | mayo, fritters, salad |         | mayo, fritters, salad  |         |             |
|                 | Sirloin              |                      |                |              | cooking oil      |         |            |                           |                      |                |                       |         | Dressing               |         |             |
|                 | Pan haggerty         |                      |                | poached eggs |                  |         |            | pan hag, savoy            |                      |                |                       |         | savoy, sauce           |         |             |
|                 |                      | Gluten               | Crustaceans    | Eggs         | Fish             | Peanuts | Soya beans | Milk                      | Nuts                 | Celery         | Mustard               | Sesame  | Sulphites              | Lupin   | Molluscs    |
| <b>SIDES</b>    | Chips                |                      |                |              | cooking oil      |         |            |                           |                      |                |                       |         |                        |         |             |
|                 | Greens               |                      |                |              |                  |         |            | lemon butter              |                      |                |                       |         |                        |         |             |
|                 | New potatoes         |                      |                |              |                  |         |            | potatoes                  |                      |                |                       |         |                        |         |             |
|                 | Salad                |                      |                |              |                  |         |            | feta                      |                      |                | dressing              |         | dressing               |         |             |
|                 | Gratin               |                      |                |              |                  |         |            | gratin                    |                      |                | gratin                |         | gratin                 |         |             |
|                 | Truffle chips        |                      |                | cheese       | cooking oil      |         |            | parmesan                  |                      |                |                       |         |                        |         |             |
|                 | Beef fat             |                      |                |              |                  |         |            |                           |                      | sauce          |                       |         | sauce                  |         |             |
|                 | Peppercorn           |                      |                |              | sauce            |         |            | sauce                     |                      | sauce          | sauce                 |         | sauce                  |         |             |
|                 | Bearnaise            |                      |                | sauce        |                  |         |            | sauce                     |                      |                | sauce                 |         | sauce                  |         |             |
|                 |                      | Gluten               | Crustaceans    | Eggs         | Fish             | Peanuts | Soya beans | Milk                      | Nuts                 | Celery         | Mustard               | Sesame  | Sulphites              | Lupin   | Molluscs    |
| <b>Desserts</b> | Cheese               | WHEAT, biscuits      |                |              |                  |         |            | all                       | walnuts, fruit bread | pickled celery |                       |         | celery, chutney        |         |             |
|                 | Peanut parfait       |                      |                |              |                  | parfait |            |                           | peanuts              |                |                       |         |                        |         |             |
|                 | Choc Tart            | WHEAT, all           |                | all          |                  |         |            | all                       | pistacios            |                |                       |         |                        |         |             |
|                 | Honey cake           | WHEAT, cake          |                | all          |                  |         |            | all                       |                      |                |                       |         |                        |         |             |
|                 | Petits fours         | All                  |                | all          |                  | all     | all        | all                       | please ask           |                |                       |         | please ask             |         |             |
|                 | Ice cream/Sorbet     |                      |                | ice creams   |                  |         |            | ice creams                | please ask           |                |                       |         | please ask             |         |             |

\*Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens.

Some of our dishes can be made allergen free. Please see the manager

**CONTAINS**

BLACKFRIARS SET

|         |                 | Gluten           | Crustaceans | Eggs             | Fish     | Peanuts | Soyabeans | Milk         | Nuts      | Celery | Mustard          | Sesame | Sulphites         | Lupin | Molluscs |
|---------|-----------------|------------------|-------------|------------------|----------|---------|-----------|--------------|-----------|--------|------------------|--------|-------------------|-------|----------|
| STARTER | Soup            |                  |             |                  |          |         | yoghurt   |              |           | soup   |                  |        | soup              |       |          |
|         | Goats cheese    |                  |             |                  |          |         |           | goats cheese | walnuts   |        | dressing         |        | dressing          |       |          |
|         | Rillettes       | RYE              |             |                  | various  |         |           | rillettes    |           |        | dressing         |        | dressing,radish   |       |          |
|         | Fishcake        |                  |             | fishcake, tartar | fishcake |         |           |              |           |        | dressing,tartare |        | dressing, tartare |       |          |
|         | Chicken terinne | WHEAT,brioche    |             | brioche, fondue  |          |         |           | fondue       | pistachio |        | terrine, fondue  |        | terrine,fondue    |       |          |
|         | Sharing board   | WHEAT, sourdough | prawns      | cocktail,sauce   | various  |         |           | rillettes    |           |        | sauce,cocktail   |        | whole dish        |       |          |

|       |                      | Gluten | Crustaceans | Eggs           | Fish        | Peanuts | Soyabeans    | Milk                        | Nuts | Celery | Mustard               | Sesame   | Sulphites            | Lupin | Molluscs |
|-------|----------------------|--------|-------------|----------------|-------------|---------|--------------|-----------------------------|------|--------|-----------------------|----------|----------------------|-------|----------|
| MAINS | Cauliflower fritters |        |             |                |             |         |              |                             |      |        | salad, mayo, fritters |          | salad, mayonnaise    |       |          |
|       | Cod                  |        |             |                | cod         |         | miso beans   | fish                        |      |        |                       |          | fondue, beans        |       |          |
|       | Chicken              |        |             | chicken, rosti | cooking oil |         |              | rosti, sauce                |      |        | rosti                 |          | rosti, sauce         |       |          |
|       | Market fish          |        | various     |                | various     |         |              | potatoes, sauce             |      |        |                       |          | sauce                |       | various  |
|       | Pork filet           |        |             |                |             |         | fillet,broth | potatoes, sauce             |      | broth  |                       | pak choi | broth                |       |          |
|       | Pan haggerty         |        |             | poached egg    |             |         |              | pan haggerty, savoy cabbage |      |        |                       |          | brown sauce, cabbage |       |          |

|       |               | Gluten | Crustaceans | Eggs   | Fish        | Peanuts | Soyabeans | Milk         | Nuts | Celery | Mustard  | Sesame | Sulphites | Lupin | Molluscs |
|-------|---------------|--------|-------------|--------|-------------|---------|-----------|--------------|------|--------|----------|--------|-----------|-------|----------|
| SIDES | Chips         |        |             |        | cooking oil |         |           |              |      |        |          |        |           |       |          |
|       | New potatoes  |        |             |        |             |         |           | new potatoes |      |        |          |        |           |       |          |
|       | Greens        |        |             |        |             |         |           | lemon butter |      |        |          |        |           |       |          |
|       |               |        |             |        |             |         |           |              |      |        |          |        |           |       |          |
|       | Salad         |        |             |        |             |         |           | feta         |      |        | dressing |        | dressing  |       |          |
|       | Gratin        |        |             |        |             |         |           | gratin       |      |        | gratin   |        | gratin    |       |          |
|       | Truffle chips |        |             | cheese | cooking oil |         |           | parmesan     |      |        |          |        | dressing  |       |          |
|       | Beef fat jus  |        |             |        |             |         |           |              |      | sauce  |          |        | sauce     |       |          |
|       | Peppercorn    |        |             |        | sauce       |         |           | sauce        |      | sauce  | sauce    |        | sauce     |       |          |
|       | Bearnaise     |        |             | sauce  |             |         |           | sauce        |      |        | sauce    |        | sauce     |       |          |

|          |                   | Gluten         | Crustaceans | Eggs            | Fish | Peanuts | Soyabeans | Milk       | Nuts      | Celery | Mustard | Sesame | Sulphites     | Lupin | Molluscs |
|----------|-------------------|----------------|-------------|-----------------|------|---------|-----------|------------|-----------|--------|---------|--------|---------------|-------|----------|
| DESSERTS | White choc        |                |             |                 |      |         |           |            | almonds   |        |         |        | raspberries   |       |          |
|          | Sundae            |                |             | curd            |      |         |           | all        |           |        |         |        |               |       |          |
|          | Brownie           | WHEAT, brownie |             | all             |      |         |           | all        | hazelnuts |        |         |        |               |       |          |
|          | Tiramisu          | WHEAT, cake    |             | cake            |      |         |           | all        |           |        |         |        | berries       |       |          |
|          | Sticky toffee pud |                |             | cake, ice cream |      |         |           | all        |           |        |         |        | dates, sponge |       |          |
|          | Ice cream/Sorbet  |                |             | ice creams      |      |         |           | ice creams | various   |        |         |        | all           |       |          |

\*Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens.

Some of our dishes can be made allergen free. Please see the manager

CONTAINS

# ALLERGEN INFORMATION

## BANQUET HALL/PRIVATE DINE MENU/LARGE PARTY MENU

|          |                      | Gluten            | Crustaceans | Eggs              | Fish    | Peanuts | Soya beans | Milk                     | Nuts                 | Celery              | Mustard                     | Sesame | Sulphites                   | Lupin | Molluscs |
|----------|----------------------|-------------------|-------------|-------------------|---------|---------|------------|--------------------------|----------------------|---------------------|-----------------------------|--------|-----------------------------|-------|----------|
| Starters | Soup                 |                   |             |                   |         |         | yoghurt    |                          |                      | soup                |                             |        | soup                        |       |          |
|          | Goats cheese         |                   |             |                   |         |         |            | cheese                   | walnuts              |                     | dressing                    |        | dressing                    |       |          |
|          | Smoked duck ham      |                   |             |                   |         |         |            |                          |                      | pickle              | dressing                    |        | dressing                    |       |          |
|          | Rillettes            | RYE               |             |                   | various |         |            | rillettes                |                      |                     | dressing                    |        | rillettes, radish           |       |          |
|          |                      |                   |             |                   |         |         |            |                          |                      |                     |                             |        |                             |       |          |
| Mains    | Cauliflower fritters |                   |             |                   |         |         |            |                          |                      |                     | salad, mayonnaise, fritters |        | salad, mayonnaise, fritters |       |          |
|          | Chicken              |                   |             |                   |         |         |            | potato                   |                      | jus                 |                             |        | jus, verde                  |       |          |
|          | Rump of beef         | WHEAT, wellington |             | wellington        |         |         |            | pastry, terrine          |                      | jus wellington, jus | terrine                     |        | wellington, jus             |       |          |
|          | Cod                  |                   |             |                   | cod     |         |            | potato                   |                      |                     | dressing                    |        | dressing                    |       |          |
|          | Pygge                | WHEAT, seasoning  |             |                   |         |         |            | seasonings               |                      | seasonings          |                             |        | gravy                       |       |          |
|          |                      |                   |             |                   |         |         |            |                          |                      |                     |                             |        |                             |       |          |
| Desserts | White choc delicie   |                   |             |                   |         |         |            |                          | almonds              |                     |                             |        | raspberries                 |       |          |
|          | Tiramisu             | WHEAT, cake       |             | cake              |         |         |            | all                      |                      |                     |                             |        | berries                     |       |          |
|          | Sticky toffee pud    |                   |             | Sponge, ice cream |         |         |            | Sponge, ice cream, sauce |                      |                     |                             |        | DATES, sponge               |       |          |
|          | Cheese               | WHEAT, biscuits   |             |                   |         |         |            | all                      | walnuts, fruit bread | pickled celery      |                             |        | celery, chutney             |       |          |

\*Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens.

Some of our dishes can be made allergen free. Please see the manager

CONTAINS

## ALLERGEN INFORMATION

## SUNDAY MENU

|          |                   | Gluten         | Crustaceans | Eggs             | Fish     | Peanuts  | Soyabeans | Milk                | Nuts      | Celery      | Mustard         | Sesame | Sulphites                   | Lupin | Molluses |
|----------|-------------------|----------------|-------------|------------------|----------|----------|-----------|---------------------|-----------|-------------|-----------------|--------|-----------------------------|-------|----------|
| Starter  | Soup              |                |             |                  |          |          | yoghurt   |                     |           | soup        |                 |        | soup, salsa                 |       |          |
|          | Goats cheese      |                |             |                  |          |          |           | goats cheese        | walnuts   |             | dressing        |        | dressing                    |       |          |
|          | Rillettes         | RYE            |             |                  | various  |          |           | rillettes           |           |             | dressing        |        | dressing, radish, rillettes |       |          |
|          | Fishcake          |                |             | fishcake, tartar | fishcake |          |           |                     |           |             | dressing        |        | dressing                    |       |          |
|          | Chicken terinne   | WHEAT, brioche |             | brioche          |          |          |           | fondue              | pistachio |             | terinne, fondue |        | terrine, fondue             |       |          |
|          |                   | Gluten         | Crustaceans | Eggs             | Fish     | Peanuts  | Soyabeans | Milk                | Nuts      | Celery      | Mustard         | Sesame | Sulphites                   | Lupin | Molluses |
| Mains    | Beef              | WHEAT, yorkie  |             | yorkie           |          |          |           | yorkie, caulicheese |           | gravy       | caulicheese     |        | gravy                       |       |          |
|          | Lamb              | WHEAT, yorkie  |             | yorkie           |          |          |           | yorkie, caulicheese |           | gravy       | caulicheese     |        | gravy                       |       |          |
|          | Pork              | WHEAT, yorkie  |             | yorkie           |          |          |           | yorkie, caulicheese |           | gravy       | caulicheese     |        | gravy                       |       |          |
|          | Chicken           | WHEAT, yorkie  |             | yorkie           |          |          |           | yorkie, caulicheese |           | gravy       | caulicheese     |        | gravy                       |       |          |
|          | Veggie nut roast  | WHEAT, yorkie  |             | yorkie           |          | nutroats |           | yorkie, caulicheese | various*  | gravy/roast | caulicheese     |        | gravy                       |       |          |
|          | Market fish       |                |             |                  | fish     |          |           | butter, sauce       |           |             |                 |        | sauce                       |       |          |
|          |                   | Gluten         | Crustaceans | Eggs             | Fish     | Peanuts  | Soyabeans | Milk                | Nuts      | Celery      | Mustard         | Sesame | Sulphites                   | Lupin | Molluses |
| Desserts | White choc        |                |             |                  |          |          |           |                     | almonds   |             |                 |        | raspberries                 |       |          |
|          | Sundae            |                |             | curd             |          |          |           | all                 |           |             |                 |        |                             |       |          |
|          | Brownie           | WHEAT, tart    |             | all              |          |          |           | All                 | hazelnuts |             |                 |        |                             |       |          |
|          | Tiramisu          | WHEAT, cake    |             | cake             |          |          |           | all                 |           |             |                 |        | berries                     |       |          |
|          | Sticky toffee pud |                |             | cake, ice cream  |          |          |           | All                 |           |             |                 |        | dates, sponge               |       |          |
|          | Ice cream/Sorbet  |                |             | ice creams       |          |          |           | ice creams          | various*  |             |                 |        | various*                    |       |          |

\*Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens

Some of our dishes can be made allergen free. Please see the manager

## CONTAINS

# ALLERGEN INFORMATION

## BANQUET HALL SUNDAY MENU

|          |                   | Gluten           | Crustaceans | Eggs              | Fish    | Peanuts  | Soya beans | Milk                     | Nuts                 | Celery         | Mustard     | Sesame | Sulphites        | Lupin | Molluscs |
|----------|-------------------|------------------|-------------|-------------------|---------|----------|------------|--------------------------|----------------------|----------------|-------------|--------|------------------|-------|----------|
| Starters | Soup              |                  |             |                   |         |          | yoghurt    |                          |                      | soup           |             |        | soup             |       |          |
|          | Goats cheese      |                  |             |                   |         |          |            | cheese                   | walnuts              |                | dressing    |        | dressing         |       |          |
|          | Smoked duck ham   |                  |             |                   |         |          |            |                          |                      | pickle         | dressing    |        | dressing         |       |          |
|          | Rillettes         | RYE              |             |                   | various |          |            | rillettes                |                      |                | dressing    |        | dressing, radish |       |          |
| Mains    | Beef              | WHEAT, yorkie    |             | yorkie            |         |          |            | yorkie, caulicheese      |                      | gravy          | caulicheese |        | gravy            |       |          |
|          | Chicken           | WHEAT, yorkie    |             | yorkie            |         |          |            | yorkie, caulicheese      |                      | gravy          | caulicheese |        | gravy            |       |          |
|          | Veggie nut roast  | WHEAT, yorkie    |             | yorkie            |         | nutroast |            | yorkie, caulicheese      | various*             | gravy          |             |        | gravy            |       |          |
|          | Cod               |                  |             |                   | cod     |          |            | potatoes                 |                      | sauce          | sauce       |        | sauce            |       |          |
|          | Pygge             | WHEAT, seasoning |             |                   |         |          |            | pork                     |                      | sauce          |             |        | sauce            |       |          |
|          |                   |                  |             |                   |         |          |            |                          |                      |                |             |        |                  |       |          |
| Desserts | White choc delice |                  |             |                   |         |          |            |                          | almonds              |                |             |        | raspberries      |       |          |
|          | Tiramisu          | WHEAT, cake      |             | cake              |         |          |            | all                      |                      |                |             |        | berries          |       |          |
|          | Sticky toffee pud |                  |             | Sponge, ice cream |         |          |            | Sponge, ice cream, sauce |                      |                |             |        | dates, sponge    |       |          |
|          | Cheese            | WHEAT, biscuits  |             |                   |         |          |            | all                      | walnuts, fruit bread | pickled celery |             |        | celery, chutney  |       |          |

\*Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens.

Some of our dishes can be made allergen free. Please see the manager

CONTAINS

## ALLERGEN INFORMATION

### AFTERNOON TEA

|            |               | Gluten    | rustacean | Eggs | Fish | Peanuts | Soya bean | Milk | Nuts | Celery | Mustard | Sesame | Sulphites | Lupin | Molluscs |
|------------|---------------|-----------|-----------|------|------|---------|-----------|------|------|--------|---------|--------|-----------|-------|----------|
| Sandwiches | Ham           | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            | Smoked salmon | wheat+rye |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            | Chicken       | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            | Cuc & Chive   | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            | Cheddar       | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            |               |           |           |      |      |         |           |      |      |        |         |        |           |       |          |
| Pastry     | Sausage roll  | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            |               |           |           |      |      |         |           |      |      |        |         |        |           |       |          |
| Scones     | Cherry&almond | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            | Onion&thyme   | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            |               |           |           |      |      |         |           |      |      |        |         |        |           |       |          |
| Cakes      | Teacake       | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            | Éclair        | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            | Sundae        |           |           |      |      |         |           |      |      |        |         |        |           |       |          |
|            | Banana cake   | wheat     |           |      |      |         |           |      |      |        |         |        |           |       |          |

|                                                                                                                                                                  |  |            |  |          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|------------|--|----------|
| *Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews                                                                                                 |  | ADJUSTABLE |  | CONTAINS |
| Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens. |  |            |  |          |

## ALLERGEN INFORMATION

### CHILDRENS MENU

|          |                       | Gluten        | Crustaceans | Eggs | Fish | Peanuts | Soyabeans | Milk | Nuts | Celery | Mustard | Sesame | Sulphites | Lupin | Molluscs |
|----------|-----------------------|---------------|-------------|------|------|---------|-----------|------|------|--------|---------|--------|-----------|-------|----------|
| Starters | Soup                  | wheat         |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Flatbreads & dips     | wheat         |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Ham, cucumber & bread | wheat         |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          |                       |               |             |      |      |         |           |      |      |        |         |        |           |       |          |
| Mains    | Tomato pasta          | wheat         |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Sausage & mash        | wheat, barley |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Fish finger sandwich  | wheat         |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Chicken salad         |               |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Garden salad          |               |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Sunday roast          | wheat         |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          |                       |               |             |      |      |         |           |      |      |        |         |        |           |       |          |
| Desserts | Chocolate pudding     |               |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Sticky toffee pud     |               |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Fruit salad           |               |             |      |      |         |           |      |      |        |         |        |           |       |          |
|          | Ice cream             |               |             |      |      |         |           |      |      |        |         |        |           |       |          |

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens.

Some of our dishes can be made allergen free. Please see the manager

CONTAINS

**BLACKFRIARS AT HOME CELEBRATION CAKE**

|                  | Gluten | Crustaceans | Eggs | Fish | Peanuts | Soyabeans | Milk | Nuts | Celery | Mustard | Sesame | Sulphites | Lupin | Molluscs |
|------------------|--------|-------------|------|------|---------|-----------|------|------|--------|---------|--------|-----------|-------|----------|
| CELEBRATION CAKE |        |             |      |      |         |           |      |      |        |         |        |           |       |          |

|                                                                                                                                                                  |  |            |          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|------------|----------|
| *Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews                                                                                                 |  |            |          |
| Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens. |  | ADJUSTABLE | CONTAINS |



# ALLERGEN INFORMATION

| ALL DAY EATS |                   |                  |             |                    |                          |         |            |              |         |        |                    |        |                        |       |          |
|--------------|-------------------|------------------|-------------|--------------------|--------------------------|---------|------------|--------------|---------|--------|--------------------|--------|------------------------|-------|----------|
|              |                   | Gluten           | Crustaceans | Eggs               | Fish                     | Peanuts | Soya beans | Milk         | Nuts    | Celery | Mustard            | Sesame | Sulphites              | Lupin | Molluscs |
| MAIN         | Rillettes         | RYE              |             |                    | various                  |         |            | rillettes    |         |        | dressing           |        | dressing, radish soup  |       |          |
|              | Soup              |                  |             |                    |                          |         | yoghurt    |              |         | soup   |                    |        |                        |       |          |
|              | Goats cheese      |                  |             |                    |                          |         |            | goats cheese | walnuts |        | dressing           |        | dressing               |       |          |
|              | Fish Trencheur    | WHEAT, sourdough | prawn,crab  | cocktail, fishcake | fishcake, trout,herri ng |         |            | rillettes    |         |        | cocktail           |        | cockail, dressing      |       |          |
|              | Pan hag           |                  |             | poached Eggs       |                          |         |            | savoy        |         |        |                    |        | sauce, savoy           |       |          |
|              | Burger            | WHEAT, bun       |             | sauce              | cooking oil              |         |            |              |         |        | sauce              |        | sauce tartar, dressing |       |          |
|              | Fishcake          |                  |             | fishcake           | fishcake                 |         |            |              |         |        | fishcake, dressing |        |                        |       |          |
|              | Truffle chips     |                  |             |                    | cooking oil              |         |            | parmesan     |         |        |                    |        |                        |       |          |
|              | Chips             |                  |             |                    | cooking oil              |         |            |              |         |        |                    |        |                        |       |          |
|              | White choc delice |                  |             |                    |                          |         |            |              | almonds |        |                    |        | raspberries            |       |          |
|              | Lemon Sundae      |                  |             | curd               |                          |         |            | all          |         |        |                    |        |                        |       |          |

\*Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens.

Some of our dishes can be made allergen free. Please see the manager

CONTAINS

**ALLERGEN INFORMATION**

| <b>CLOISTER BBQ</b>                                                                                                                                              |                         |        |             |       |         |         |            |           |      |                                                                      |                      |        |                       |       |          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|--------|-------------|-------|---------|---------|------------|-----------|------|----------------------------------------------------------------------|----------------------|--------|-----------------------|-------|----------|
|                                                                                                                                                                  |                         | Gluten | Crustaceans | Eggs  | Fish    | Peanuts | Soya beans | Milk      | Nuts | Celery                                                               | Mustard<br>dreassing | Sesame | Sulphites<br>dressing | Lupin | Molluscs |
|                                                                                                                                                                  | Smoked duck ham         |        |             |       |         |         |            |           |      |                                                                      |                      |        |                       |       |          |
|                                                                                                                                                                  | Rillettes               | RYE    |             |       | various |         |            | rillettes |      |                                                                      |                      |        | dressing, radish      |       |          |
|                                                                                                                                                                  | Asparagus               |        |             |       |         |         |            |           |      |                                                                      | sauce                |        | sauce                 |       |          |
|                                                                                                                                                                  | Breads & humous         | wheat  |             |       |         |         |            | butter    |      |                                                                      |                      | humous |                       |       |          |
| BBQ                                                                                                                                                              | Chicken breast          |        |             |       |         |         |            |           |      |                                                                      |                      |        |                       |       |          |
|                                                                                                                                                                  | Rump of beef            |        |             |       |         |         |            |           |      |                                                                      |                      |        |                       |       |          |
|                                                                                                                                                                  | Fish                    |        |             |       | Fish    |         |            |           |      |                                                                      |                      |        |                       |       |          |
|                                                                                                                                                                  | Pork sausage            |        |             |       |         |         |            |           |      |                                                                      |                      |        | sausage               |       |          |
|                                                                                                                                                                  | Aubergine               |        |             |       |         |         |            |           |      |                                                                      |                      |        | marinade              |       |          |
| Sides                                                                                                                                                            | Potatoes & Peppers      |        |             |       |         |         |            |           |      |                                                                      |                      |        |                       |       |          |
|                                                                                                                                                                  | Flat bread              | wheat  |             | bread |         |         |            |           |      |                                                                      |                      |        |                       |       |          |
|                                                                                                                                                                  | Lemon tomatoes & onions |        |             |       |         |         |            |           |      |                                                                      |                      |        | dressing              |       |          |
|                                                                                                                                                                  | Fennel & feta salad     |        |             |       |         |         |            | feta      |      |                                                                      | dressing             |        | dressing              |       |          |
|                                                                                                                                                                  | Chilli salsa            |        |             |       |         |         |            |           |      |                                                                      |                      |        | sauce                 |       |          |
|                                                                                                                                                                  | Garlic yogurt           |        |             | sauce |         |         |            | sauce     |      |                                                                      | sauce                |        | sauce                 |       |          |
|                                                                                                                                                                  | Green sauce             |        |             |       |         |         |            |           |      |                                                                      | sauce                |        | sauce                 |       |          |
| Pudding                                                                                                                                                          | Tiramisu                | wheat  |             | cake  |         |         |            | all       |      |                                                                      |                      |        | berries               |       |          |
| *Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews                                                                                                 |                         |        |             |       |         |         |            |           |      | Some of our dishes can be made allergen free. Please see the manager |                      |        | CONTAINS              |       |          |
| Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens. |                         |        |             |       |         |         |            |           |      |                                                                      |                      |        |                       |       |          |

| HOG ROAST                                                                                                                                                        |                    |                           |             |                 |         |         |            |                     |          |             |          |            |                  |          |          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------------------|-------------|-----------------|---------|---------|------------|---------------------|----------|-------------|----------|------------|------------------|----------|----------|
| Sharing plank                                                                                                                                                    | Goats cheese       | Gluten                    | Crustaceans | Eggs            | Fish    | Peanuts | Soya beans | Milk                | Nuts     | Celery      | Mustard  | Sesame     | Sulphites        | Lupin    | Molluscs |
|                                                                                                                                                                  | Smoked duck ham    |                           |             |                 |         |         |            | goast cheese        |          |             | dressing |            | dressing         |          |          |
|                                                                                                                                                                  | Rillettes          |                           |             |                 |         |         |            |                     |          |             | dressing |            | dressing         |          |          |
|                                                                                                                                                                  | Sourdough & butter | rillettes<br>WHEAT, bread |             |                 | various |         |            | rillettes<br>butter |          |             | dressing |            | dressing, radish |          |          |
| MAIN                                                                                                                                                             | Pygge              | WHEAT, seasoning          |             |                 |         |         |            | veg                 |          | gravy       |          |            | gravy            |          |          |
|                                                                                                                                                                  | Lentil nut roast   |                           |             |                 |         | roast   |            |                     | various* | gravy,roast |          |            | gravy            |          |          |
| PUDDING                                                                                                                                                          | Sticky toffee pud  |                           |             | cake, ice cream |         |         |            | cake, ice cream     |          |             |          |            | cake             |          |          |
| *Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews                                                                                                 |                    |                           |             |                 |         |         |            |                     |          |             |          | ADJUSTABLE |                  | CONTAINS |          |
| Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens. |                    |                           |             |                 |         |         |            |                     |          |             |          |            |                  |          |          |

# ALLERGEN INFORMATION

RESTAURANT WEEK - January 2026

|          |                      | Gluten           | Crustaceans | Eggs                  | Fish        | Peanuts | Soyabeans | Milk                     | Nuts      | Celery         | Mustard             | Sesame | Sulphites           | Lupin | Molluscs |
|----------|----------------------|------------------|-------------|-----------------------|-------------|---------|-----------|--------------------------|-----------|----------------|---------------------|--------|---------------------|-------|----------|
| Starters | Soup                 |                  |             |                       |             |         |           |                          |           | soup           |                     |        | soup                |       |          |
|          | Goats cheese         |                  |             |                       |             |         |           | goats cheese             | walnuts   |                | dressing            |        | dressing            |       |          |
|          | Pork terrine         | terrine          |             | remoulade             |             |         |           |                          |           | terrine        | dressing, remoulade |        | dressing, remoulade |       |          |
|          | Mackrel pate         | WHEAT, sourdough |             |                       | pate        |         |           | pate                     |           |                | dressing            |        | dressing, pickles   |       |          |
|          | Sharing board        | WHEAT, sourdough | prawns      | mayonnaise            | various     |         |           | pate, cocktail           |           |                | dressing, cocktail  |        | dressing, pickles   |       |          |
|          |                      | Gluten           | Crustaceans | Eggs                  | Fish        | Peanuts | Soyabeans | Milk                     | Nuts      | Celery         | Mustard             | Sesame | Sulphites           | Lupin | Molluscs |
| Mains    | Cauliflower fritters |                  |             |                       |             |         |           |                          |           |                | mayonnaise, salad   |        | mayonnaise, salad   |       |          |
|          | Cod                  |                  |             |                       | cod         |         |           | sauce, potato            |           |                |                     |        | sauce               |       |          |
|          | Chicken              |                  |             |                       |             |         |           | sauce, puree             |           |                | sauce               |        | sauce               |       |          |
|          | Pan haggerty         |                  |             |                       |             |         |           | pan hag, mushrooms       |           |                | mushrooms           |        | mushrooms           |       |          |
|          | Beef rump            |                  |             | sauce                 | oil         |         |           | sauce, fries             |           |                | sauce               |        | dressing, sauce     |       |          |
|          |                      | Gluten           | Crustaceans | Eggs                  | Fish        | Peanuts | Soyabeans | Milk                     | Nuts      | Celery         | Mustard             | Sesame | Sulphites           | Lupin | Molluscs |
| Sides    | Chips                |                  |             |                       | cooking oil |         |           |                          |           |                |                     |        |                     |       |          |
|          | Salad                |                  |             |                       |             |         |           | feta                     |           |                | dressing            |        | dressing            |       |          |
|          | New potatoes         |                  |             |                       |             |         |           | butter                   |           |                |                     |        |                     |       |          |
|          | Cabbage              |                  |             |                       |             |         |           | butter                   |           |                |                     |        | cider               |       |          |
|          | Cheese & leek gratin |                  |             |                       |             |         |           | gratin                   |           |                | gratin              |        | gratin              |       |          |
|          | Truffle fries        |                  |             |                       | cooking oil |         |           | parmesan                 |           |                |                     |        | dressing            |       |          |
|          |                      | Gluten           | Crustaceans | Eggs                  | Fish        | Peanuts | Soyabeans | Milk                     | Nuts      | Celery         | Mustard             | Sesame | Sulphites           | Lupin | Molluscs |
| Desserts | Cheese               | WHEAT, biscuits  |             |                       |             |         |           | all                      |           | pickled celery |                     |        | celery, chutney     |       |          |
|          | Crème catalan        |                  |             |                       |             |         | catalan   |                          |           |                |                     |        | poached plums       |       |          |
|          | Cheesecake           |                  |             | cheesecake, ice cream |             |         |           | cheesecake, ice cream    | hazelnuts |                |                     |        | rhubarb             |       |          |
|          | Sticky toffee pud    |                  |             | Sponge, ice cream     |             |         |           | Sponge, ice cream, sauce |           |                |                     |        | DATES, sponge       |       |          |

\*Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens.

CONTAINS

| CLOISTER BBQ - THE LATE SHOWS |                       |            |             |      |             |
|-------------------------------|-----------------------|------------|-------------|------|-------------|
|                               |                       | Gluten     | Crustaceans | Eggs | Fish        |
|                               | <b>Beef burger</b>    | wheat, bun |             |      |             |
|                               | <b>Pork dog</b>       | wheat, bun |             |      |             |
|                               | <b>Veggie sausage</b> | wheat, bun |             |      |             |
|                               | <b>Truffle chips</b>  |            |             |      | cooking oil |

**ALLERGEN INFORMATION**

|         |            |          |      |        |           |        |
|---------|------------|----------|------|--------|-----------|--------|
| Peanuts | Soya beans | Milk     | Nuts | Celery | Mustard   | Sesame |
|         |            | CHEESE   |      |        | dreassing |        |
|         |            |          |      |        | drressing |        |
|         |            |          |      |        | sauce     |        |
|         |            | parmesan |      |        |           |        |

|                   |       |          |
|-------------------|-------|----------|
|                   |       |          |
| Sulphites         | Lupin | Molluscs |
| garnish           |       |          |
| dressing, pickles |       |          |
| sauce             |       |          |
| dressing          |       |          |

**BLACKFRIAR**

|  |                               | Gluten | Crustaceans | Eggs | Fish | Peanuts |
|--|-------------------------------|--------|-------------|------|------|---------|
|  | MALT SOURDOUGH                | WHEAT  |             |      |      |         |
|  | WHITE ROLLS                   | WHEAT  |             |      |      |         |
|  | CARAWAY&BLACK PEPPER BLOOMERS | WHEAT  |             |      |      |         |
|  | HERB BLOOMERS                 | WHEAT  |             |      |      |         |
|  | TRUFFLE HONEY FOCCACIA        | WHEAT  |             |      |      |         |
|  | TOMATO & ROSEMARY FOCCCIA     | WHEAT  |             |      |      |         |



**S BREADS**

| Soyabea<br>ns | Milk | Nuts | Celery | Mustard | Sesame | Sulphites             | Lupin | Mollusc<br>s |
|---------------|------|------|--------|---------|--------|-----------------------|-------|--------------|
|               |      |      |        |         |        | BEER MALT             |       |              |
|               |      |      |        |         |        |                       |       |              |
|               |      |      |        |         |        |                       |       |              |
|               |      |      |        |         |        |                       |       |              |
|               |      |      |        |         |        |                       |       |              |
|               |      |      |        |         |        | SUN DRIED<br>TOMATOES |       |              |