

BLACKFRIARS SET

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
STARTER	Soup									soup			soup, salad			
	Goats cheese							goats cheese	walnuts		dressing		dressing			
	Mackerel	WHEAT, sourdough			mackerel			pate			dressing		dressing			
	Fishcake			fishcake, tartar	fishcake						dressing		dressing			
	Onion bread	WHEAT, terrine		terrine				terrine			dressing		brown sauce			
	Sharing board	WHEAT, sourdough	langoustine	mayonnaise	various			pate				dressing		dressing, pickles		
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
MAINS	Mille feuille										potato, aioli		aioli			
	Mackerel			poached egg	mackerel						mayonnaise		dressing			
	Lamb sausage							potato		jus	Sausage		jus			
	Market fish	WHEAT, various	various	vsrious	various	various	various	various	various	various	various	various	various	various	various	
	Chicken			chicken				cream fraiche			jus	dressing		sauce		
	Pithivier	WHEAT,		pithivier				pithivier, sauce			pithivier			pickles		
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
SIDES	Chips				cooking oil											
	Tomato salad										dressing		dressing			
	Greens							butter								
	Whipped potato							butter					harrisa			
	Gratin							gratin			gratin		gratin			
	Truffle chips				cooking oil			parmesan								
	Bordelaise									sauce			sauce			
	Peppercorn				sauce			sauce		sauce	sauce	sauce	sauce			
Bearnaise			sauce				sauce				sauce	sauce				
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
DESSERTS	Rice pudding												raspberries			
	Brownie	brownie		brownie				brownie,, ice cream	peacans				ice cream			
	Pavlova			meringue				cream					salsa			
	Cheesecake			cheesecake, ice ream				cheesecake, ice cream	hazelnut, base				ice cream			
	Sticky toffee pud			Sponge, ice cream				Sponge, ice cream, sauce					DATES, sponge			
	Ice cream/Sorbet	All		All		All	All	All	All				All			

*Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens.

Some of our dishes can be made allergen free. Please see the manager

CONTAINS

ALLERGEN INFORMATION

ALA CARTE MENU

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
Snacks	Smoked almonds								almonds				almonds			
	Beet humous	WHEAT, cracker		cracker				cracker				humous	dressing			
	Olives												dressing			
	Focaccia	WHEAT, bread			anchovy			bread						dressing		
	Bread + butter	WHEAT, bread						butter						onions		
	Gazpacho													gazpachio		
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
Starters	Langoustine	WHEAT, bread	langoustine, lobster	sauce	sauce			sauce		sauce	sauce		dressing			
	Chicken liver			parfait				parfait	smoked almonds	parfait	dressing		parfait, dressing			
	Beef carpaccio	WHEAT, MALT, bread			butter			butter			Cariccio		dressing			
	Scallops	WHEAT, tortellini		pasta	butter			sauce		tortellini	sauce		sauce		scallop	
	Artichoke	WHEAT, bread						goats cheese			dressing		dressing			
	Panzanella	WHEAT, bread									dressing		dressing			
Risotto							risotto			risotto			risotto			
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
Mains	Market fish	WHEAT, various	various	vsrious	various	various	various	various	various	various	various	various	various	various	various	
	Duck			mousse				mousse		jus			jus			
	Pork						smoky sauce	mash		jus	mash		jus			
	Lamb				faggot			eurd		jus			jus, faggot			
	Rib - cap beef				onion			pommes		jus	sauce		jus			
	Monkfish			sauce	monkfish			sauce	almond, romesco	salsa	sauce			sauce		mussels
	Mille feuille										potato, aioli			aioli		
	Fillet steak			bearnaise	cooking oil			bearnaise				bearnaise		bearnaise		
Pithivier	WHEAT,		pithivier				pithivier, sauce			pithivier			pickles			
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
SIDES	Chips				cooking oil											
	Tomato salad										dressing		dressing			
	Greens							butter								
	Harissa potato							butter					harrisa			
	Leek gratin							gratin			gratin		gratin			
Truffle fries				cooking oil			parmesan									
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
Desserts	Cheese	WHEAT, biscuits						all		pickled celery			celery, chutney			
	Chocolate												raspberry			
	Blueberry tart	WHEAT, case		All				All					blueberry			
	Strawberry cake			All				All	almond, sponge				strawberry			
	Petits fours	All		All		All	All	All	All				All			
	Ice cream/Sorbet	All		All		All	All	All	All				All			

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ALLERGEN INFORMATION

SUNDAY MENU

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Starter	Soup									soup			soup, salad		
	Goats cheese							goats cheese	walnuts		dressing		dressing		
	Mackerel	WHEAT, sourdough			mackerel			pate			dressing		dressing		
	Fishcake			fishcake, tartar	fishcake						dressing		dressing		
	Onion terrine	WHEAT, terrine		terrine				terrine			dressing		brown sauce		
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Mains	Beef	WHEAT, yorkie		yorkie				yorkie, caulicheese		gravy	caulicheese		gravy		
	Lamb	WHEAT, yorkie		yorkie				yorkie, caulicheese		gravy	caulicheese		gravy		
	Pork	WHEAT, yorkie		yorkie				yorkie, caulicheese		gravy	caulicheese		gravy		
	Chicken	WHEAT, yorkie		yorkie				yorkie, caulicheese		gravy	caulicheese		gravy		
	Veggie nut roast	WHEAT, yorkie		yorkie		nutroats		yorkie, caulicheese	various*	gravy/roast	caulicheese		gravy		
	Cod				cod			butter, sauce					sauce		
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Desserts	Rice pudding												raspberries		
	Brownie	brownie		brownie				brownie, ice cream	peacans				ice cream		
	Pavlova			meringue				cream					salsa		
	Cheesecake			cheesecake, ice ream				cheesecake, ice cream	hazelnut, base				ice cream		
	Sticky toffee pud			Sponge, ice cream				Sponge, ice cream, sauce					DATES, sponge		
	Ice cream/Sorbet	All		All		All	All	All	All				All		

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CONTAINS

ALLERGEN INFORMATION

AFTERNOON TEA - SUMMER

		Gluten	rustacear	Eggs	Fish	Peanuts	soya bean	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Sandwiches	Ham	wheat													
	Smoked salmon	wheat+rye													
	Chicken	wheat													
	Cuc & Chive	wheat													
	Cheddar	wheat													
Pastry	Sausage roll	wheat													
Scones	Raspberry & white choc	wheat													
	Tomatoes & basil	wheat													
Cakes	Lemon loaf	wheat													
	Blueberry cheesecake								Hazelnut						
	Macaron														
	Millionaires tart	wheat													

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ALLERGEN INFORMATION

CHILDRENS MENU

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Starters	Soup	wheat													
	Flatbreads & dips	wheat													
	Ham, cucumber & bread	wheat													
Mains	Tomato pasta	wheat													
	Sausage & mash	wheat, barley													
	Fish finger sandwich	wheat													
	Chicken salad														
	Garden salad														
	Sunday roast	wheat													
Desserts	Chocolate pudding														
	Sticky toffee pud	wheat													
	Fruit salad														
	Ice cream														

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ALLERGEN INFORMATION

RESTAURANT WEEK

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Starters	Tomato soup									soup			soup, salad		
	Goats cheese							goats cheese	walnuts		dressing		dressing		
	Fish cake			fishcake, tartar	fishcake						dressing		dressing		
	Onion bread terrine	WHEAT, terrine		terrine				terrine			dressing		brown sauce		
	Sharing board	WHEAT, sourdough	langoustine	mayonnaise	various			pate			dressing		dressing, pickles		
Mains	Mille feuille										potato, aioli		aioli		
	Cod			sauce	cod			sauce			sauce		sauce		
	Chicken							potato		jus			jus		
	Cheddar pithivier	WHEAT,		pithivier				pithivier, sauce		pithivier			pickles		
	Beef rump			sauce	oil			sauce		sauce	sauce		dressing		
Sides	Chips				cooking oil										
	Salad										dressing		dressing		
	Summer greens							butter							
	Whipped potatoes							butter					harrisa		
	Cheese & leek gratin							gratin			gratin		gratin		
	Truffle fries				cooking oil			parmesan							
Desserts	Cheese	WHEAT, biscuits						all		pickled celery			celery, chutney		
	Rice pudding												raspberries		
	Cheese cake			cheesecake, ice cream				cheesecake, ice cream	hazelnut, base				ice cream		
	Sticky toffee pud			Sponge, ice cream				Sponge, ice cream, sauce					DATES, sponge		

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CONTAINS