

BLACKFRIARS SET

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
STARTER	Soup									soup			soup		
	Goats cheese							goats cheese	walnuts		dressing		dressing		
	Mackerel	WHEAT, sourdough			mackerel			pate			dressing		dressing		
	Fishcake			fishcake, tartar	fishcake						dressing		dressing		
	CORNED BEEF			sauce	oil			sauce		beef	dressing,sauce		sauce, beef		
	Sharing board	WHEAT, sourdough	prawns	mayonnaise	various			pate				dressing		dressing, pickles	

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
MAINS	Nut roast					nut roast			various	sauce			sauce			
	Cod			sauce	cod,batter			yogurt			batter		dressing,batter			
	Pork sausage							potato		jus	Sausage,jus		jus, potato			
	Market fish	WHEAT, various	various	vsrious	various	various	various	various	various	various	various	various	various	various	various	various
	Venison pie	WHEAT,pie		pie				potato		jus	pie		sauce			
	Pan haggerty			poached eggs				pan haggerty,mushroom				sauce		sauce, walnuts		

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
SIDES	Chips				cooking oil										
	Squash salad							feta			dressing		dressing		
	Sprouts												jam		
	Roasted veg												dressing		
	Gratin							gratin			gratin		gratin		
	Truffle chips				cooking oil			parmesan					dressing		
	Beef fat jus									sauce			sauce		
	Peppercorn				sauce			sauce		sauce	sauce		sauce		
Bearnaise			sauce				sauce				sauce		sauce		

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
DESSERTS	Tiramisu	cake					cake		almonds				cake		
	Pannacotta	shortcake		shortcake				all					pannacotta		
	Apple crumble	topping		ice cream, custard				All					apples		
	Cheesecake			cheesecake, ice cream				cheesecake, ice cream					compote		
	Sticky toffee pud			cake, ice cream				All					dates, sponge		
	Ice cream/Sorbet	All		All		All	All	All	All				All		

\*Contains almonds, hazelnuts, walnuts, pecans, peanuts & cashews

Please note that while every care is taken to avoid any cross contamination, we cannot guarantee that any food item is completely free from traces of allergens.

Some of our dishes can be made allergen free. Please see the manager

CONTAINS

**ALLERGEN INFORMATION**

**A LA CARTE MENU**

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
<b>Snacks</b>	Smoked almonds								almonds				almonds			
	Hash bites				cooking oil			hash					hash			
	Olives												dressing			
	Oyster												dressing		Oyster	
	Bread + butter	WHEAT, bread							butter					onions		
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
<b>Starters</b>	Tortellini	WHEAT, tortellini	langoustine	pasta, sauce							sauce		sauce			
	chicken terrine	WHEAT, toastie						brioche		corned beef	dressing		sauce			
	Beef tartare			sauce	oil					beef	sauce		sauce, pickle			
	Scallops	WHEAT, scampi		crab, tartare			scampi	scampi		scampi	scampi, tartare		sauce, tartare		scallop	
	Mushroom pate	WHEAT, bread		Pate	shallots		pate	pate			dressing		onions, pate			
	Panzanella	WHEAT, bread									dressing	dressing		dressing		
	Risotto	spelt			shallots			spelt			risotto			spelt		
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
<b>Mains</b>	Market fish	WHEAT, various	various	various	various	various	various	various	various	various	various	various	various	various	various	
	Hogget	WHEAT, spelt		bon bon				spelt		jus, bon bon			jus, spelt, bon bon			
	Chicken							sauce					sauce			
	Duck	WHEAT, sauce		ballotine				sauce		sauce			sauce			
	Hake		roll		hake		roll	hake				roll	relish, roll			
	Monkfish	WHEAT, wellv, chorizo		wellington	monkfish			monkfish, sauce, press, chorizo						sauce		
	Nut roast					nut roast			various	sauce			sauce			
	Fillet steak			bearnaise	cooking oil			bearnaise				bearnaise		bearnaise		
Pan haggerty			poached egg	cooking oil			pan haggerty, mushr				sauce		sauce			
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
<b>SIDES</b>	Chips				cooking oil											
	Squash salad							feta			dressing		dressing			
	Sprouts												jam			
	Roasted veg												dressing			
	Gratin							gratin			gratin		gratin			
	Truffle chips				cooking oil			parmesan								
	Beef fat									sauce			sauce			
	Peppercorn				sauce			sauce		sauce	sauce		sauce			
Bearnaise			sauce				sauce			sauce		sauce				
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
<b>Desserts</b>	Cheese	WHEAT, biscuits						all		pickled celery			celery, chutney			
	Pave	pave					pave						pave			
	Roulade			all				all					all			
	Souffle			all				all	pistachio				souffle			
	Petits fours	All		All		All	All	All	All				All			
	Ice cream/Sorbet			ice creams		All	All	ice creams	All				All			

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**ALLERGEN INFORMATION**

**SUNDAY MENU**

		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
<b>Starter</b>	<b>Soup</b>									soup			soup		
	<b>Goats cheese</b>							goats cheese	walnuts		dressing		dressing		
	<b>Mackerel</b>	WHEAT, sourdough			mackerel			pate			dressing		dressing		
	<b>Fishcake</b>			fishcake, tartar	fishcake						dressing		dressing		
	<b>Corned beef</b>			sauce	oil			sauce		beef	dressing		sauce, beef		
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
<b>Mains</b>	<b>Beef</b>	WHEAT, yorkie		yorkie				yorkie, caulicheese		gravy	caulicheese		gravy		
	<b>Lamb</b>	WHEAT, yorkie		yorkie				yorkie, caulicheese		gravy	caulicheese		gravy		
	<b>Pork</b>	WHEAT, yorkie		yorkie				yorkie, caulicheese		gravy	caulicheese		gravy		
	<b>Chicken</b>	WHEAT, yorkie		yorkie				yorkie, caulicheese		gravy	caulicheese		gravy		
	<b>Veggie nut roast</b>	WHEAT, yorkie		yorkie		nutroats		yorkie, caulicheese	various*	gravy/roast	caulicheese		gravy		
	<b>Cod</b>				cod			butter, sauce						sauce	
		Gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
<b>Desserts</b>	<b>Tiramisu</b>	cake					cake		almonds				cake		
	<b>Pannacotta</b>	shortcake		shortcake				all					pannacotta		
	<b>Apple crumble</b>	topping		ice cream, custard				All					apples		
	<b>Cheesecake</b>			cheesecake, ice cream				cheesecake, ice cream					compote		
	<b>Sticky toffee pud</b>			cake, ice cream				All					dates, sponge		
	<b>Ice cream/Sorbet</b>			All		All	All	All	All				All		

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**ALLERGEN INFORMATION**

**AFTERNOON TEA -WINTER**

		Gluten	rustacear	Eggs	Fish	Peanuts	soya bean	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
<b>Sandwiches</b>	<b>Ham</b>	wheat													
	<b>Smoked salmon</b>	wheat+rye													
	<b>Chicken</b>	wheat													
	<b>Cuc &amp; Chive</b>	wheat													
	<b>Cheddar</b>	wheat													
<b>Pastry</b>	<b>Sausage roll</b>	wheat													
<b>Scones</b>	<b>Plain</b>	wheat													
	<b>Fruit</b>	wheat													
<b>Cakes</b>	<b>Praline cake</b>	wheat							Almond Hazelnut						
	<b>Vienesse Whirl</b>	wheat													
	<b>Macaron</b>								Almond						
	<b>Donut</b>	wheat													

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ADJUSTABLE

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